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Dream  
Out Loud

I create  
my reality  
through my  
dreams.



# We Create What We Love



Podcast Introduction to  
the Chapter

I believe we are all creative beings. When we spend too much time in our heads we miss seeing what we love and our dreams can become goals that are disconnected from our hearts. As a child, when I dreamed I would become a teacher I saw myself in my own classroom. The bubble was temporarily burst when my counselor said that this dream may not become a reality for me. I had to purposefully act to bring that dream to fruition, because I felt the love of this profession deep inside of me and I was not going to let it go. Finding our dreams takes stillness and listening. Realizing our dreams takes motivation, persistence, and action.

Throughout my career I have loved creating new ways to teach and motivate audiences. I always begin my dreaming process by asking myself the question, “What’s missing?” and then I listen. The seed of any dream starts from that place of creation inside of us. Each and every one of us has the potential to *dream out loud* and share our ideas with others. We don’t have to create all the ideas and dreams ourselves. Let’s find the dreamers in our midst and support their dreams, too. As much as I love creating and implementing visions, I appreciate being part of a group that develops a dream I can get behind. I do love leading, no question about that, but I also love supporting leaders with vision.

Every time I create something new, whether it is a new way to deliver a lesson, or a strategy for teaching, I feel a sense of renewal. We have heard the saying, “If it isn’t broken, don’t fix it.” Fixing is an opportunity to bring our creative powers to our teaching. Fixing isn’t a bad thing.

In this chapter you will have the opportunity to uncover your dreams and choose one to move forward. Dreams can become realities if we choose the actions that align with our skills and gifts. Loving what we do has a whole lot of power in making a dream come true.